



COLLECTION OF PULL-TABS

The purpose of collecting the pull-tabs is to help pay the rent for families of seriously ill children who stay at a Ronald McDonald House in North Carolina and is sponsored by your Department Children and Youth Commission.

**Update: Fall Conference-2016
(1,632 LBS.) or (2,333,760 pull tabs!!!)**

The following contributed;

Lillington Post 28	28 Lbs.	Yanceyville Post 210	6 Lbs.
Greenville Post 39	14 Lbs.	Goldsboro Post 215	6 Lbs.
Edenton Post 40	41 Lbs.	Kinston Post 219	33 Lbs.
Kinston Post 43	67 Lbs.	Spring Lake Post 230	17 Lbs.
Franklinton Post 52	15 Lbs.	Jacksonville post 265	59 Lbs.
Cary Post 67	46 Lbs.	Stanley Post 266	32 Lbs.
Swansboro Post 78	4 Lbs.	Coinjock Post 288	6 Lbs.
Liberty Post 81	17 Lbs.	Raleigh Post 297	2 Lbs.
Shelby Post 82	6 Lbs.	Salisbury Post 342	82 Lbs.
Elizabeth City Post 84	8 Lbs.	Greensboro Post 386	378 Lbs.
Ahoskie Post 102	28 Lbs.	New Salem Post 440	130 Lbs.
Mount Olive Post 103	4 Lbs.	Calabash Post 503	89 Lbs.
Salisbury Post 107	14 Lbs.	Beulaville Post 511	2 Lbs.
Franklin Post 108	63 Lbs.	Clayton Post 518	5 Lbs.
Nashville Post 110	64 Lbs.	Swift Creek Post 530	1 Lb.
Kannapolis post 115	54 Lbs.	St James Post 543	1 Lb.
Fuquay-Varina Post 116	73 Lbs.	Cary Aux Unit 67	5 Lbs.
Hertford Post 126	20 Lbs.	Jacksonville Unit 265	2 Lbs.
Belmont Post 144	20 Lbs.	Morganton Aux Unit 322	38 Lbs.
Rockingham Post 147	70 Lbs.	SAL Squadron 108	6 Lbs.
Elm City Post 153	69 Lbs.	North Raleigh Hilton	2 Lbs.
Raleigh Post 157	2 Lbs.	Unknown	2 Lbs.
Newport Post 203	4 Lbs.		



How do I donate tabs?

- Drop off at the American Legion** -- You can also drop off the pop tabs at any local American Legion Post in North Carolina. To find a post near you, visit www.nclegion.org.
- Recycling Center** -- Take your pop tabs to your local recycle center for recycling. Mail a check of your pop tab amount to American Legion Department of NC and we will forward to Ronald McDonald House.

Pop Tab Program FAQs

Why do you only collect the tabs from cans?

Although the whole aluminum can is valuable, the tab is much cleaner and easier to collect in large quantities than whole cans. The tab of a standard soda can is made of high quality, high-grade aluminum. By itself, it doesn't mean much, but when you pull together, pop-tabs add up and become a valuable donation to your local Ronald McDonald House.

Just the Facts

- The pull tabs do NOT buy time on dialysis machines or buy wheelchairs.
- We do NOT accept the whole can with the tabs because of space restrictions.
- We accept only clean recycled materials for the health of our families and children.
- We receive the going rate for aluminum, which changes as the demand changes - varying from rates of 23 to 52 cents per pound on any given period.
- We average about 450 pounds every 10 days, or approximately \$234.
- Every penny helps families stay at the House – A minimal donation is requested but not required for a stay.
- There are approximately 1,430 pull tabs in 1 pound!