

## COLLECTION OF PULL-TABS

The purpose of collecting the pull-tabs is to help pay the rent for families of seriously ill children who stay at the Ronald McDonald House of Durham and is sponsored by your Department Children and Youth Commission.



**Update: Convention 2019 ( 4,055 LBS.)**

The following contributed;

Raleigh Post 1	16 lbs.		Plymouth Post 164	9 lbs.
Lexington Post 8	18 lbs.		Hampstead Post 167	16 lbs.
Chapel Hill Post 6	4 lbs.		Belmont Post 180	10 lbs.
Lexington Post 8	14 lbs.		Wake Forest Post 187	95 lbs.
Carthage Post 12	98 lbs.		Fayetteville Post 202	115 lbs.
Wilson Post 13	46 lbs.		Newport Post 203	6 lbs.
Newton Post 16	306 lbs.		Goldsboro Post 215	12 lbs.
Tarboro Post 19	27 lbs.		Kinston Post 219	19 lbs.
Gastonia Post 23	17 lbs.		Spring Lake Post 230	5 lbs.
New Bern Post 24	16 lbs.		Matthews Post 235	1 lb.
Manteo Post 26	46 lbs.		Bessemer City Post 243	148 lbs.
Monroe Post 27	15 lbs.		Tryon Post 250	43 lbs.
Lenoir Post 29	40 lbs.		Charlotte Post 262	43 lbs.
Kernersville Post 36	20 lbs.		Jacksonville Post 265	113 lbs.
Edenton Post 40	132 lbs.		East Bend Post 336	6 lbs.
Morehead City Post 46	18 lbs.		Salisbury Post 342	103 lbs.
Hickory Post 48	89 lbs.		Pinehurst Post 350	14 lbs.
Concord Post 51	61 lbs.		Paw Creek Post 353	84 lbs.
Franklinton Post 52	12 lbs.		Greensboro Post 386	300 lbs.
Greensboro Post 53	21 lbs.		Elizabethtown Post 404	27 lbs.
Canton Post 61	28 lbs.		Pine Level Post 405	330 lbs.
Cary Post 67	1 lb.		New Salem Post 440	102 lbs.
Asheville Post 70	2 lbs.		Calabash Post 503	118 lbs.
Clayton Post 71	78 lbs.		Hayesville Post 532	38 lbs.
Forest City Post 74	6 lbs.		New Bern Post 539	11 lbs.
Albemarle Post 76	7 lbs.		Hickory Post 544	112 lbs.
Hendersonville Post 77	52 lbs.		Shallotte Post 550	15 lbs.
Swansboro Post 78	21 lbs.		Southport Post 551	1 lb.
Shelby Post 82	17 lbs.		Goldsboro Aux Unit 11	8 lbs.
High Point Post 87	70 lbs.		Cary Aux Unit 67	7 lbs.
Brevard Post 88	9 lbs.		Hendersonville Aux Unit 77	1 lb.
Siler City Post 93	64 lbs.		Brevard Aux Unit 88	1 lb.
Snow Hill Post 94	47 lbs.		Benson Aux Unit 109	14 lbs.
Murphy Post 96	154 lbs.		Cherokee Aux Unit 143	1 lbs.
Mt Olive Post 103	6 lbs.		Landis Aux Unit 146	7 lbs.
Sylva Post 104	4 lbs.		Maiden Aux Unit 240	3 lbs.
Louisburg Post 105	24 lbs.		Jacksonville Aux Unit 265	17 lbs.
Benson Post 109	6 lbs.		Morganton Aux Unit 322	14 lbs.
Nashville Post 110	112 lbs.		Harrisburg Aux Unit 523	20 lbs.
Kannapolis Post 115	48 lbs.		Waynesville SAL Sq 47	8 lbs.
Fuquay-Varina Post 116	120 lbs.		Cub Scout Pack 200 Cary	26 lbs.
Pleasure Island Post 129	47 lbs.		Key Club VA	9 lbs.
Roxboro Post 138	21 lbs.		Donald Stone, Raleigh	2 lbs.
Belmont Post 144	20 lbs.		Ben Millward, Raleigh	6 lbs.
Wendell Post 147	35 lbs.			



PULL A TAB!

## Pop Tab Program FAQs

Why do you only collect the tabs from cans?

Although the whole aluminum can is valuable, the tab is much cleaner and easier to collect in large quantities than whole cans. The tab of a standard soda can is made of high quality, high-grade aluminum. By itself, it doesn't mean much, but when you pull together, pop-tabs add up and become a valuable donation to your local Ronald McDonald House.

Who can participate with the Pop Tab Program?

Anyone! Because they're common and easy to collect, pop-tabs allow virtually any individual or community organization to participate. Many schools support this project because it provides a terrific opportunity for children to get involved and make a genuine contribution to their community. Other enthusiastic participants include churches, hospitals, grocery stores, rotary clubs and business break rooms.

How do I get started?

Start collecting! You can use anything to collect the tabs in (ex. shoebox, milk carton, etc.) Or fill out the [Pop Tab Program Request Form](#) to receive individual collection houses to share with your team. Bring what you have collected when you have a hefty sum of tabs to most local American Legion Posts in North Carolina.

What happens to the tabs?

When a large amount of tabs have accumulated at the House, we take the tabs to our local recycling center. The money raised benefits the families staying at the Ronald McDonald House of Durham.

How do I donate tabs?

1. **Drop off at the American Legion** -- You can also drop off the pop tabs at any local American Legion Post in North Carolina, or at Department Headquarters, 4 N. Blount St, Raleigh NC. To find a post near you, visit [www.nclegion.org](http://www.nclegion.org).
2. **Recycling Center** -- Take your pop tabs to your local recycle center for recycling. Mail a check of your pull tab amount to Ronald McDonald House of Durham.

## Just the Facts

- The pull tabs do NOT buy time on dialysis machines or buy wheelchairs.
- We do NOT accept the whole can with the tabs because of space restrictions.
- We accept only clean recycled materials for the health of our families and children.
- We receive the going rate for aluminum, which changes as the demand changes - varying from rates of 23 to 52 cents per pound on any given period.
- We average about 450 pounds every 10 days, or approximately \$234.
- Every penny helps families stay at the House -- \$10 pays for one family for one night!

## Pop Tab Fun Facts

- Approximately one million pull tabs = 800 pounds
- Approximately 1,430 pull tabs = one pound
- Approximately 63,360 pull tabs = 1 mile